

Library Newsletter



November 2016

Volume 6, Issue 4

Regular Hours

Mon-Thu	8:00am-10:00pm
Fri	8:00am-6:00pm
Sat	Closed
Sun	Closed

Change in Hours

Veterans' Day

FRI, Nov 11, 2016
LIBRARY CLOSED

Early Closure

Wed, Nov 23, 2016
8:00 AM—4:30 PM

Thanksgiving Holiday

Thu, Nov 24—Fri, Nov 25, 2016
LIBRARY CLOSED

Christmas Holiday

Mon, Dec 26—Fri, Dec 30 2016
LIBRARY CLOSED

New Year's Holiday

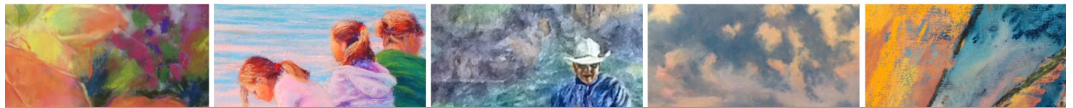
Mon, Jan 2, 2017
LIBRARY CLOSED

Martin Luther King Day

Mon, Jan 19, 2017
LIBRARY CLOSED

ILLINOIS PRAIRIE PASTEL SOCIETY

SIU Medical Library Show 2016 — Artists Reception Thursday, November 10, 5 – 6:30 PM



Exhibits—Present and Past

Inside this issue:

Hawaiian Study Break	2
Want to Live Longer? Read Books!	2
Good Reads	2
Featured Resource: Web of Science	3
Want to read more books?	3
At the Medical Resource Center: Is it Art?	3
Radon & Health	3

Illinois Prairie Pastel Society

Join us in the Library for a celebration of art at the opening reception of the Illinois Prairie Pastel Society exhibit. Surround yourself with original art works (many available for purchase!), meet with the artists (including School of Medicine retirees Mary Corrigan-Stjern, Dr. Roland Folse and Dr. Don Ramsey) and enjoy live music provided by the Debbie Eddy Trio (including the Library's own Carol Gordon!).

The Opening Reception will be held from 5:00-6:30 pm on Thursday, November 10, 2016, in the Medical Library.

The Exhibit will be on display until December 19

Past Exhibits

Our summer exhibit included a "Lunch and Microbes!" brown bag by Dr. Andrea Braundmeier-Fleming and Dr. Michael Olson from the Department of Medical Microbiology, Immunology and Cell Biology, banners from the National Library of Medicine, and a display on the Reisch Brewery.

The NLM exhibit; *From DNA to Beer: Harnessing Nature in Medicine and Industry*, also set the stage for librarian Geoff Pettys to display his homebrew Kombucha Tea in an exhibit on fermentation and for us to contact members of the Reisch Brew Crew who graciously created a display from their Reisch Brewery Collections, including early pictures of the brewery on the grounds

where SIU SOM now stands.

The Library's display of the National Library of Medicine's traveling exhibit, *For All the People: A Century of Citizen Action in Health Care Reform*, closed November 4.

During the exhibit we again partnered with the Community Health Policy Committee and organized a brown bag discussion entitled; "Citizen Activism in Changing Health Care." Our panelists included Jeffery Erdman (Illinois Public Health Association), Dr. Kari Wolf (Dept of Psychiatry), Dr. Christine Todd (Medical Humanities) and Dr. Sameer Vohra (Office of Population Science and Policy). A video of the brown bag session is posted on our Subject Guide for Library Exhibits, <http://libguides.siumed.edu/exhibits>.

“This year’s fall Study Break broke the record for most pots of coffee consumed ...”

Hawaiian Study Break

On October 12, the Medical Library transformed into an island paradise as it hosted its annual fall Study Break.

Medical students and library staff donned Hawaiian shirts, leis, and puka shells as they noshed on snacks and guzzled cup after cup of coffee. And guzzle they did! This year’s fall Study Break broke the record for most pots of coffee consumed out of all the Study Breaks hosted in the past 6 years!

This is consistent with a recent story in the Washington Post - “Look how much coffee millennials are drinking”

Thank you to all who participated and we look forward to seeing you at the next Study Break in December!

Students sporting something Hawaiian were entered in a drawing for a basket of Hawaiian themed goodies. Kelly Roth, pictured right, was the lucky winner.



Want to Live Longer? Read Books!

A recent study published in the journal *Social Science & Medicine* examined the health benefits of reading books.

After adjusting for wealth, education, sex, race, cognitive ability and many other factors, the authors found that book readers lived almost 2 years longer than nonreaders.

Although reading newspapers or periodicals had a modest effect, reading a book for an average of 30 minutes per day contributed to a significantly greater survival advantage.

The authors conclude that “reading books may not only introduce some interesting ideas and characters, it may also give more years of reading.”

Areas of interest for future research include fiction vs nonfiction, and whether reading e-books and audiobooks provide similar effects.

Bavishi A, Slade MD, Levy BR. A chapter a day: Association of book reading with longevity. *Soc Sci Med*. 2016 Sep;164:44-8. PubMed PMID: 27471129.

Good Reads

Hatch, Steven. **Snowball in a Blizzard**. New York: Basic Books, 2016.

In his recent book *Snowball in a Blizzard*, Dr. Steven Hatch delves into the perhaps uncomfortable topic of uncertainty in medicine.

Hatch acknowledges that the tools used in the field of medicine are outstanding and afford us the ability to observe and analyze the body at the cellular level with remarkable precision.

Still, he argues that “precision is not the same thing as certainty” and doctors often have to make educated guesses based on the best evidence available.

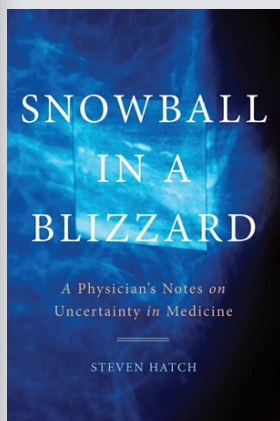
Uncertainty can be difficult and disheartening to be sure. But ignoring it can be deadly, which, as Hatch documents in his book, can happen when people put too much faith in modern medicine.

Hatch argues that recognizing uncertainty and acknowl-

edging the fallibility of medical technology might lead to better health related decisions on all sides.

Purposefully free of the often impenetrable language of medical academia, this book is engaging and highly readable. Physicians and patients alike will enjoy this humbling look at the medical profession.

Available now at the Medical Library, WB 141 H361s 2016.



Highlighted Resource :.Web of Science

Access the *Web of Science Citation Indexes*, *EndNote Online*, *Journal Citation Reports* and more through the **Web of Science** platform.

What's special:

The cited reference search feature of the *Science Citation Indexes*.

- ◆ With one click, display the list of references cited in an article
- ◆ Track how many times an article has been cited
- ◆ Track who has been citing the article
- ◆ Trace the evolution of a concept or idea

Journal Citation Reports

Evaluate and compare research journals. JCR can show:

- ◆ Journal impact factors
- ◆ Most frequently cited journals in a field

- ◆ Highest impact journals in a field

EndNote Online

- ◆ Collect and manage citations
- ◆ Attach pdfs
- ◆ "Cite while you write" to produce papers with formatted in-text citations and bibliographies

Researcher ID

- ◆ Create a researcher profile and ID
- ◆ Create and manage a list of your publications, which can be public or private
- ◆ Track your times cited counts and your scientific productivity and impact (h-index)
- ◆ Identify potential collaborators

Web of Science is linked on the Library's home page (www.siumed.edu/lib) under Key Resources.

“Create and manage a list of your publications, which can be public or private”



Want to read more books?

Don't forget about the Little Free Libraries in the Medical Library and Medical Resource Center vestibules. "We all do better when we all read better."

Radon & Health

January is Radon Action Month. Radon is the leading cause of lung cancer deaths among nonsmokers in the United States and is responsible for the deaths of about 21,000 Americans each year.

Over 1,000 Illinois citizens are estimated to be at risk for developing radon related lung cancer each year.

Watch for our displays and brown bag presentations on Radon and Health during January 2017.

At the Medical Resource Center: Is it Art



Sometimes all it takes is a little "hint" of separation.

The MRC recently added a hanging curtain wall to its study space. The "curtain wall" not only looks like art but provides those individuals studying with a sense of privacy.

The panels hang from the ceiling and divide the bigger space into two separate study nooks.

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Medical Library**

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Halloween in the lobby: a Twilight Zone episode in which a Librarian is told he is obsolete and will be terminated.

Visit us on the Web
<http://www.siumed.edu/lib>

Library Monthly Training

Classes still available this month:

Outlook Calendar & Worxmail,
WED, Nov 9, 2016
@2:00 -3:30 PM

Excel 2013: Charts & Graphs,
THU, Nov 10, 2016
@9:30-11:00 AM

PowerPoint 2013 Basics,
MON, Nov 14, 2016
@9:30-11:00 AM

Excel 2013 Basics,
MON, Nov 14, 2016
@2:00-3:30 PM

Intermediate Access 2013: Database Design and Queries,
WED, Nov 16, 2016
@2:00-3:30 PM

How to Make a Poster in PowerPoint 2013,
THU, Nov 17, 2016
@2:00-3:30 PM

Excel2013: PivotTables,
FRI, Nov 18, 2016
@9:30-11:00 AM

Word 2013: Word Basics,
MON, Nov 21, 2016
@2:00-3:30 PM

Introduction to Infographics and Data Visualization,
TUE, Nov 29, 2016
@10:30 AM-12:00 PM

Photoshop: Preparing Images for Posters and Manuscripts,
WED, Nov 30, 2016
@9:30-11:00 AM

Registration is required.

Springfield
contact: training@siumed.edu

Carbondale
contact:
ircrequests@siumed.edu

Class descriptions may be found at <http://www.siumed.edu/lib/libclasses.html>



Stamp issued in 1963 to honor the World Food Congress and to publicize the U.N. Freedom From Hunger campaign

From the Library's
Special Collections