# Leadership for Medical Teams

Harald Lausen, DO, MA

### Objectives

- Recognize that physicians are leaders within their team, office, group, specialty, profession, etc.
- Introduce the full-range leadership model.
- Introduce the characteristics of transformational leadership.
- Introduce the steps of leading change.

#### Leadership:

Influencing a group of people to move towards a goal setting or goal achievement.

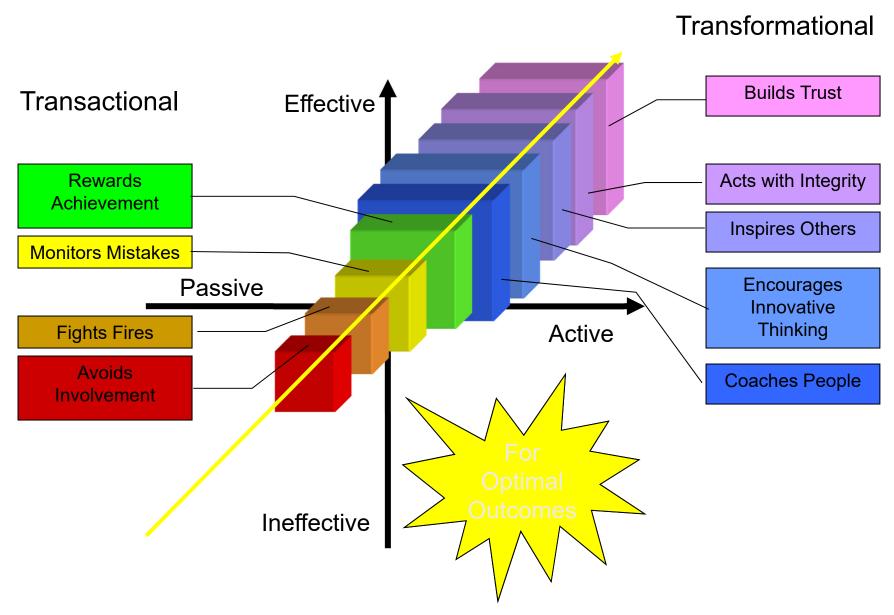
- Think of great leaders
- Think of leaders as people who meet the definition above
- Remember that leaders are not always nice people

#### **Great Leaders?**

- Lincoln
- Gandhi
- Martin Luther King
- Mother Teresa
- Churchill
- John F Kennedy
- Nelson Mandela
- Ronald Reagan

- Stalin
- Hitler
- Napoleon
- Alexander
- Amin
- Castro
- Ho Chi Minh
- Attila the Hun

#### Full Range Leadership Model



1996, 2004 by Bernard M. Bass and Bruce J. Avolio. All Rights Reserved

# Full Range Leadership

- Laissez Faire
  - Least effective
  - Absence of leadership
  - Avoids taking a stand or position
  - Does not emphasize results
  - Avoids conflict or intervention
  - Unaware of employee performance
  - Unengaged

# Full Range Leadership

- Management by Exception (Passive / Active)
  - Slightly more effective; Active somewhat better
  - Watches for or takes corrective action
  - Waits for problems to arise
  - Stresses what people do wrong
  - Dislikes change and challenge
  - Engaging only when something is wrong

# Full Range Leadership

- Contingent Reward
  - Most common type of effective leadership
  - Applies constructive transactions
  - Clear expectations of outcomes and rewards
  - Monitor progress and provide feedback
  - Reward for doing well / accomplishing goal

### Transformational Leadership

- Transformational Leadership
  - Rarest and highest level of leadership
- Components:
  - Individualized Consideration
  - Intellectual Stimulation
  - Inspirational Motivation
  - Idealized Influence

#### Individualized Consideration

- Empathize with individuals and their needs
- Build interpersonal connections
- Display genuine care and compassion
- Encourage development and growth

#### Intellectual Stimulation

- Encourage imagination
- Present challenges and innovation
- Encourage change and improvement
- Provides a safe environment for independent thought

### Inspirational Motivation

- Inspire others to perform
- Clarify future goals and direction
- Create a strong sense of purpose
- Align organization and individual
- Help followers achieve

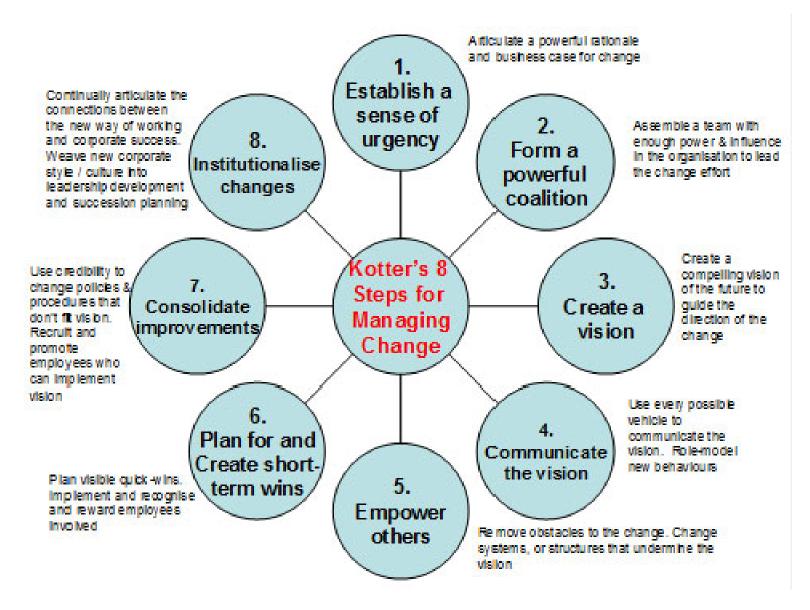
#### Idealized Influence

- Demonstrate an inclusive vision
- Exhibit commitment and persistence
- Develop trust and confidence
- Symbolize the goals and mission
- "walk the walk"

### Transformational Leadership

- Let them know you care
- Let them know you listen
- Let them know they are important
- This creates a sense of ownership
- Walk the walk

# Dr. John P. Kotter – Leading Change



# STEP 1: Establish a Sense of Urgency

- Help others feel a gut-level determination
- "Aim for the Heart"
- Connect to the deepest values
- Inspire them to greatness

#### STEP 2: Form a Powerful Coalition

- Key Players power and influence
- Expertise all relevant perspectives and views
- Credibility trusted and respected
- Leadership proven and tested

#### STEP 3: Create a Change Vision

- Imaginable: Convey a clear picture of the future
- Desirable: Appeal to long-term interests of stakeholders
- Feasible: Contain realistic and attainable goals
- Focused: Clear enough to provide guidance in decision making
- Flexible: Allow individual initiative and alternative responses
- Communicable: Easy to communicate and explained quickly

### STEP 4: Communicating the Vision

- Simple: No techno babble or jargon; fewer words are better
- Vivid: A verbal picture is worth a thousand words – use metaphor, analogy, and example
- Repeatable: By anyone to anyone
- Invitational: Two-way communication
- Actions: "Walk the Walk"

### STEP 5: Empower Others

- Remove Barriers
  - Organizational
  - Process
  - Technology
  - Personnel / Management
- Allow people to do their best work

#### STEP 6: Create Short-Term Wins

- Planned
- Visible
- Unambiguous
- Clearly related to change effort
- Reward efforts morale and motivation

# STEP 7: Don't Let Up!

- Add and expand projects
- Add and empower change agents
- Clarify vision and purpose
- Reduce interdependencies
- Keep urgency high
- Review and highlight successes

#### STEP 8: Make It Stick

#### Sustain change

- Cultural change comes last, not first
- Prove the new way is superior to the old
- Success must be visible and well communicated
- Some people will be lost in the process
- Reinforce new norms and values with incentives and rewards – including promotions
- Reinforce the culture with every new person

# **Leading Change**

- Urgency
- Coalition
- Vision
- Communicate
- Empower
- Win
- Expand
- Sustain

# Questions?

