


Cognitive Impacts of COVID-19


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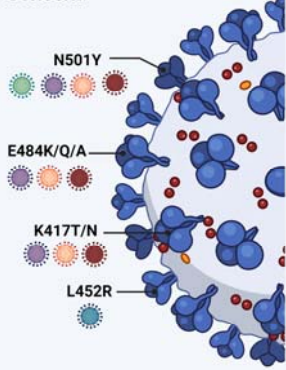
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Learning Objectives

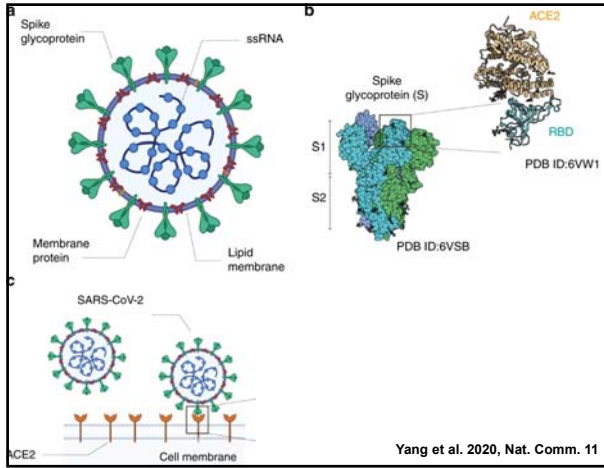
- Know the mechanisms associated with SARS-CoV-2 neuroinfection.
- Understand the resulting biological and anatomical CNS changes associated with neuroinfection.
- Recognize that mental impairments persist months after infection recovery and may accelerate cognitive decline.

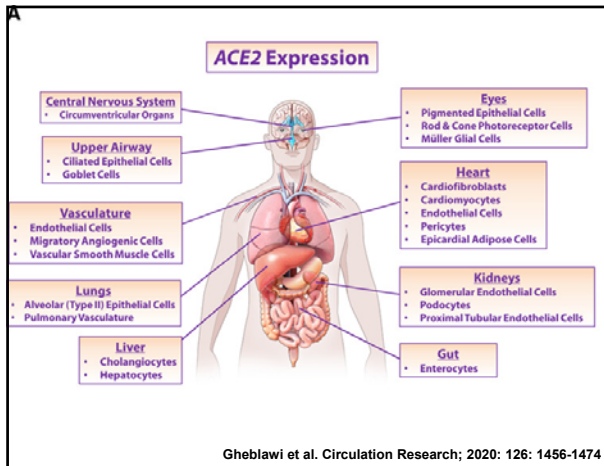
SARS-CoV-2 Variants of Concern

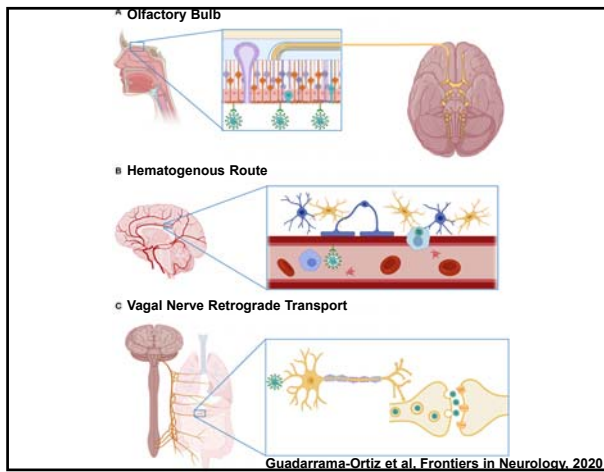
-  **Alpha Variant (B.1.1.7)**
Detected in the United Kingdom in September 2020
-  **Beta Variant (B.1.351)**
Detected in South Africa in October 2020
-  **Gamma Variant (P.1)**
Detected in Brazil in November 2020
-  **Delta Variant (B.1.617.2)**
Detected in India in December 2020
-  **Omicron Variant (B.1.1.529)**
Detected in South Africa in November 2021

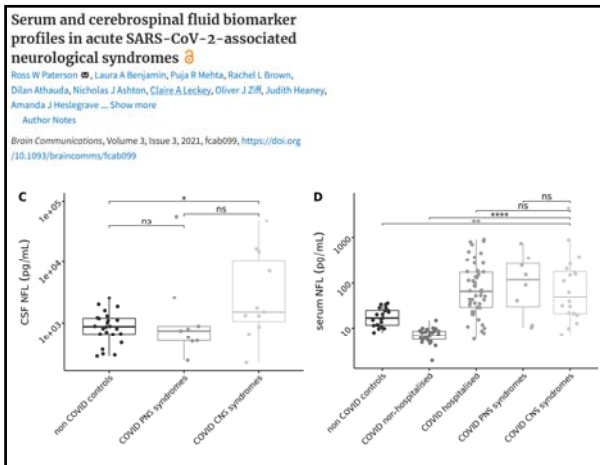
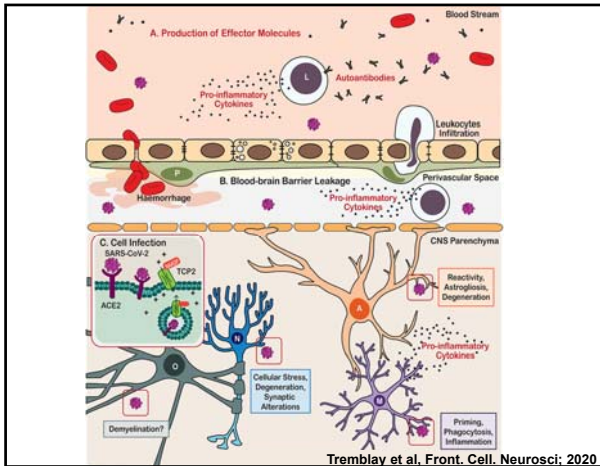
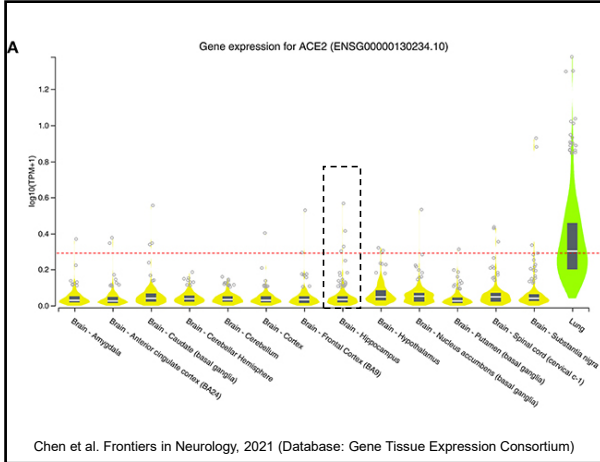


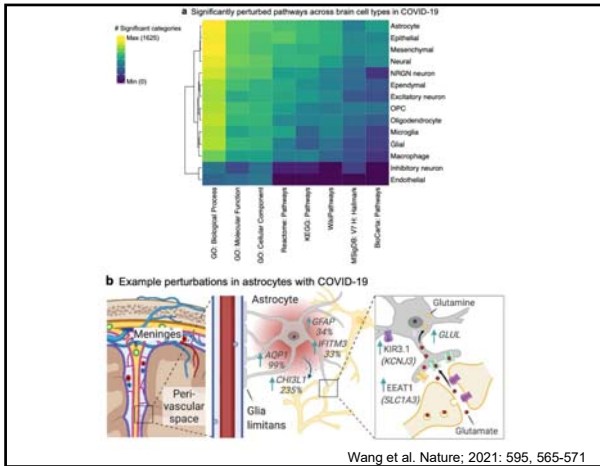
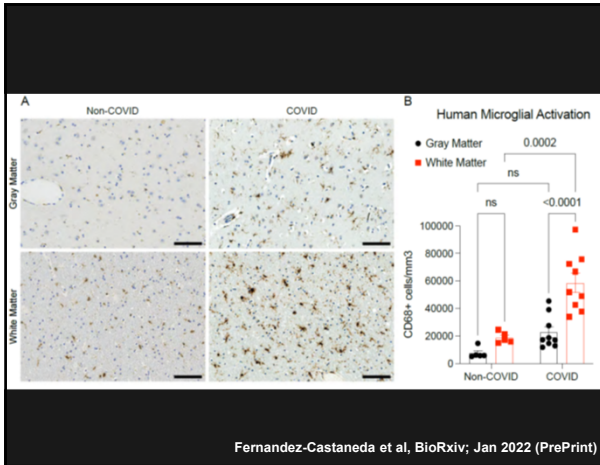
Mistry et al, Front Immun, 2022





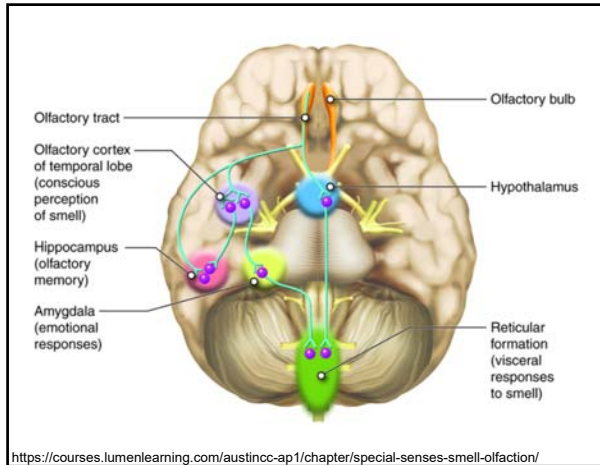






Neurological symptom	Affected region (reference)	Percentage (reference)
Acute cerebrovascular disease	Cerebral vessels ^{15,62}	2.8% ³⁴
Meningitis/encephalitis	CSF ^{23,34}	Case report ²⁶²
Acute hemorrhagic necrotizing encephalopathy	Temporal lobe ⁸⁸	Case report ^{108,109}
Posterior reversible encephalopathy syndrome	Cortex ^{21,226,231}	Case report ^{11,226,231}
Demyelinating lesion	Spinal cord ²³²	Case report ²³²
Seizure	Left temporoparietal lobe ^{231,234,235}	0.5% ³⁴
Ischemic stroke	Cortex ²⁴	2.8% ³⁴
Dizziness	Whole brain ²²⁶	9.4% ²²⁷ , 16.8% ³⁴
Headache	Whole brain ^{14,230,233}	3.4% ²²⁷ , 6.5% ²²⁷ , 13.1% ³⁴
Ataxia	Whole brain ¹⁴	0.5% ³⁴
Impaired consciousness	Whole brain ¹⁴	7.5% ³⁴
Brain edema	Brainstem ²⁰³	Case report ²⁰¹
Anosmia	Olfactory neurons ¹⁵⁸	5.1% ³⁴
Ageusia	Tongue nerves ^{106,107,302,303}	5.6% ³⁴
Dysopia	Optic nerves ¹⁴	1.4% ³⁴
Guillain-Barré syndrome	Peripheral nerve demyelination ^{104,105,308,307,309,309,310}	Case report ^{130,111}
Miller Fisher syndrome	Whole brain ^{112,113}	Case report ^{112,113}
Myalgia-muscle pain	Neuromuscular junction ^{143,113}	Case report ^{114,113}
Myofibrillar myopathy	Muscle ¹¹⁸	Case report ¹¹⁸

Wan et al, Signal Transduction and Targeted Therapy, 2021: 6



<https://courses.lumenlearning.com/austinc-ap1/chapter/special-senses-smell-olfaction/>

Article | Published: 03 March 2022

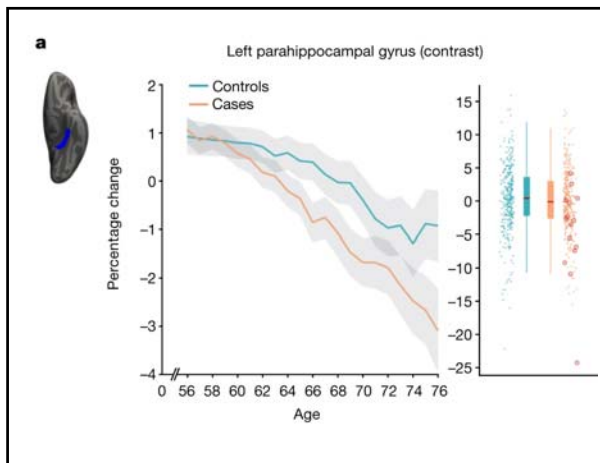
SARS-CoV-2 is associated with changes in brain structure in UK Biobank

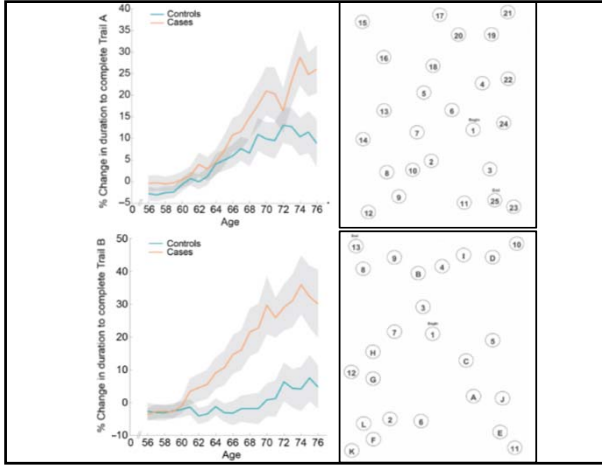
Genevieve Douaud¹, Soojin Lee, Eidel Alfaro-Almagro, Christoph Arthurßer, Chayque Weiss, Paul McCarthy, Frederik Lange, Inesa L. R. Andersson, Ludovico Griffanti, Eogene Dufl, Saad Baheti, Bernd Tscholar, Peter Koxinga, Andersson M, Winkler, Rory Collins, Paul M. Matthews, Naama Aloni, Karla L. Miller, Thomas E. Nichols & Stephen M. Smith

Nature (2022) | Cite this article

	SARS-CoV-2	Control	P _{adjusted}
Number of participants	401	384	-
Age at scan 1 (mean ± s.d. (range))	58.9 ± 7.0 (46.9–80.2)	60.2 ± 7.4 (47.1–79.8)	0.15
Age at scan 2 (mean ± s.d. (range))	62.1 ± 6.7 (51.3–81.4)	63.3 ± 7.1 (51.3–81.3)	0.08
Sex (male/female)	172 (42.9%)/229 (57.1%)	164 (42.7%)/220 (57.3%)	0.96
Ethnicity (white/non-white*)	388 (96.8%)/13 (3.2%)	373 (97.1%)/11 (2.9%)	0.76
Years between scans 1 and 2 (mean ± s.d. (range))	3.2 ± 1.6 (1.0–7.0)	3.2 ± 1.6 (1.0–6.9)	0.98
Systolic blood pressure (mmHg)	130.3 ± 17.3	132.1 ± 17.6	0.16
Diastolic blood pressure (mmHg)	78.7 ± 10.6	79.0 ± 10.2	0.63
Diagnosed diabetes	18 (4.5%)	16 (4.2%)	0.82
Weight (kg)	76.4 ± 15.8	75.2 ± 14.4	0.65
Waist/hip ratio	0.87 ± 0.09	0.86 ± 0.09	0.37
BMI (kg m ⁻²)	26.7 ± 4.4	26.6 ± 4.3	0.61
Alcohol-intake frequency (x.u.)	3.1 ± 1.3	3.0 ± 1.4	1.00
Tobacco smoking	0.61 ± 0.92	0.65 ± 0.89	0.87
Townsend deprivation index	-1.5 ± 2.9	-1.6 ± 2.9	0.65

Note: To date, this article has not completed peer review.





March 8, 2022

One-Year Trajectory of Cognitive Changes in Older Survivors of COVID-19 in Wuhan, China

A Longitudinal Cohort Study

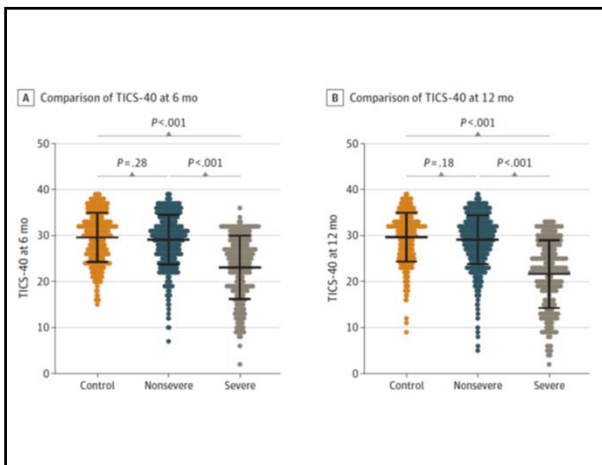
Yu-Hai Liu, MD, PhD¹, Yang Chen, MD¹, Qing-Hua Wang, MD, PhD¹, et al.

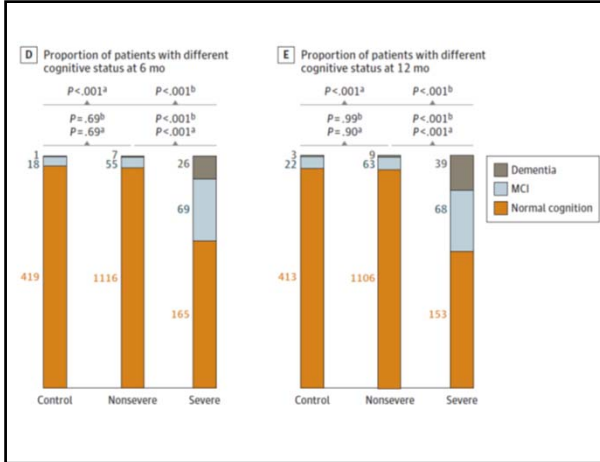
¹ Author Affiliations | Article Information

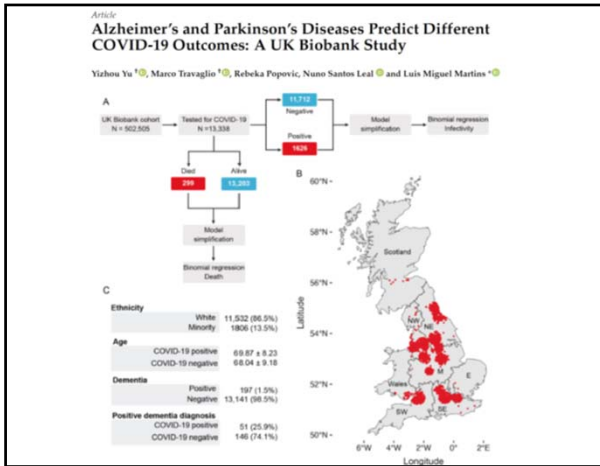
JAMA Neurol. Published online March 8, 2022. doi:10.1001/jamaneurol.2022.0461

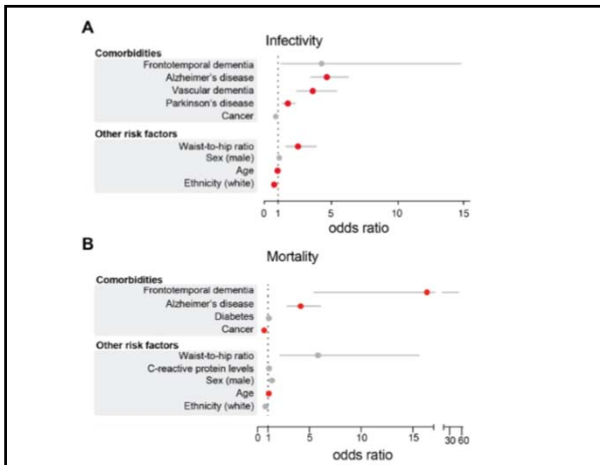
Table 1. Demographic and Baseline Information of Participants

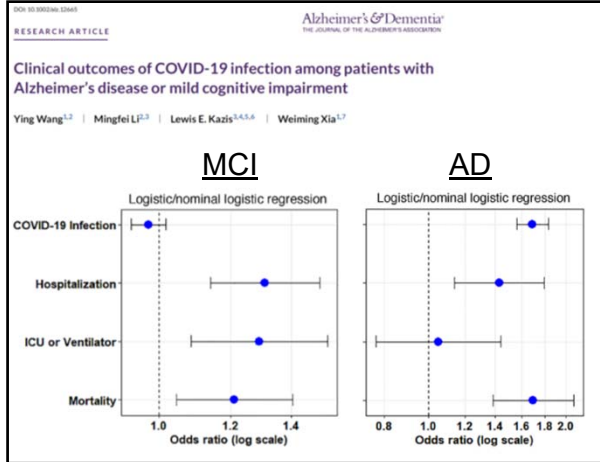
Variable	COVID-19 survivors			Uninfected control individuals (n = 438)	P value survivors vs control individuals	P value severe vs nonsevere cases
	Total group (n = 1438)	Severe cases (n = 260)	Nonsevere cases (n = 1178)			
Age, median (IQR), y	69 (66-74)	71 (67-79)	68 (66-73)	67 (66-74)	.30*	<.001*
Female, No. (%)	747 (51.9%)	127 (48.8%)	621 (52.7%)	216 (49.3%)	.35*	.27*
Male, No. (%)	691 (48.0%)	133 (51.1%)	557 (47.2%)	222 (50.6%)	.35*	.27*
Education, median (IQR), y	12 (9-12)	12 (6-12)	12 (9-12)	12 (9-12)	>.99*	.05*
BMI, median (IQR)	23.99 (22.54-25.38)	24.38 (22.90-25.64)	23.93 (22.44-25.33)	24.19 (22.51-25.69)	>.99*	.009*
Comorbidities, No. (%)						
Hypertension	561 (39.01)	133 (51.1%)	426 (36.16)	151 (34.47)	.09*	<.001*
Diabetes	274 (19.0%)	65 (25.0%)	208 (17.66)	81 (18.49)	.84*	.01*
Hyperlipidemia	142 (9.87)	31 (11.92)	111 (9.42)	39 (8.90)	.58*	.25*
Stroke history	79 (5.49)	42 (16.1%)	37 (3.14)	30 (6.8%)	.29*	<.001*
Coronary heart disease	193 (13.42)	71 (27.31)	121 (10.27)	61 (13.93)	.81*	<.001*
COPD	142 (9.87)	43 (16.38)	99 (8.40)	41 (9.36)	.78*	<.001*
ICU admission, No. (%)	72 (5.01)	72 (27.69)	0	NA	NA	<.001*











SARS-CoV-2 infection causes

- macroscopic, microscopic, and transcriptomic changes to CNS tissue.
- cognitive impairments that scale to disease severity
- worse outcome in MCI and AD patients.