



## SIU Medicine | Aging Study Seeks Participants 65+



If you are interested in participating or would like additional information, contact Dr. Mehul Trivedi, PhD, at 217-545-7264 or [mtrivedi45@siumed.edu](mailto:mtrivedi45@siumed.edu)



### WHO CAN PARTICIPATE in this study?

- Individuals age 65 and older with no cognitive complaints beyond normal aging.
- No known neurological conditions (e.g., severe dementia, mild cognitive impairment) or severe psychiatric illness (e.g., schizophrenia).
- No untreated chronic medical conditions such as diabetes, hypertension, COPD, hyperlipidemia etc.
- We are particularly interested in individuals with a family history of Alzheimer's disease, individuals from rural areas, and African Americans.

### WHAT DOES THE STUDY INVOLVE?

- One office visit per year is required - you will complete various questionnaires, and pencil/paper tests of your memory and thinking skills.
- The study does **not** involve bloodwork or urine samples.

### WHY PARTICIPATE?

- Be involved in the effort to find effective treatments for Alzheimer's disease.
- Help researchers better understand normal cognitive aging and changes in cognition in early Alzheimer's disease.
- Find out about your own memory and thinking skills, and how they change over time.

