

The Osteo Tome

SIU Division of Orthopaedics

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Welcome to the second issue of the *Osteo Tome*. When Dr. Beason and I were working on assembling the inaugural issue, he felt the newsletter needed a more witty name than the *SIU Division of Orthopaedics Newsletter*. He cited the OTA's *Fracture Lines* and SIU School of Medicine's *The Examiner* as examples. It was in late June, just before finalizing the first issue that *The Osteo Tome* came to me while in pediatric clinic. While we all are familiar with an osteotome, tome is defined as a large, scholarly book. I hope that the legacy of this newsletter will become one that can live up to its name!



8/5: Resident GR, Dr. Tapscott

8/12: Research Update

8/19: Resident GR, Dr. Wilson

8/26: Monthly M&M's

"The good physician treats the disease; the great physician treats the patient who has the disease."

William Osler

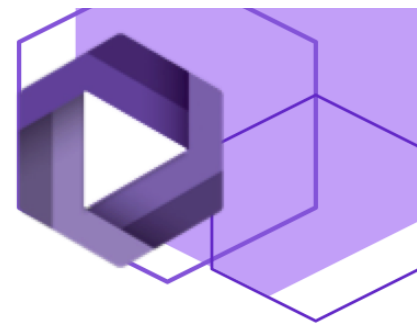
The 36th Annual E. Shannon Stauffer, MD Spring Visiting Professor Lectureship hosted by the SIU Division of Orthopaedic Surgery took place on Thursday, May 31 of this year. We had the great honor of hosting world-renowned hip and knee arthroplasty surgeon Dr. Allan Gross, MD, FRCSCP, who is Professor and Chief of the Division of Orthopaedic Surgery at the University of Toronto in Ontario, Canada, and our very own Dr. Allan's mentor. Dr. Gross gave a Grand Rounds presentation entitled "Hip Replacement for Congenital Dislocation of the Hip", as well as several other lectures regarding complex revision total hip arthroplasty as well as his work on the use of fresh osteochondral allograft in post-traumatic knee defects. The event was well attended by the community orthopaedic surgeons as well as past residents and fellows.

New to this year as part of the E. Shannon Stauffer, MD Spring Visiting Professor Lectureship, we hosted the inaugural SIU Orthopaedic Research Symposium which consisted of poster and podium presentations given by the Orthopaedic residents who had the opportunity to showcase their research. The presentations were judged by Dr. Gross, Dr. Allan, and Dr. Otsuka. Winners of the poster presentations were: 1st - Austin Beason, MD PGY-I; 2nd - Ryan O'Rourke, MD PGY-III. Winners of the podium presentations were: 1st - John Horberg, MD PGY-V; 2nd - Andrew Mitchelson, MD PGY-IV.

Residents and Attending Staff with Dr. Allan Gross at the 36th Annual E. Shannon Stauffer, MD Visiting Professor Lectureship and 1st Annual SIU Division of Orthopaedics Research Day



Resident Updates



Drs. Tapscott and Mitchelson attended the American Orthopedic Association's 2019 Annual Resident Leadership Forum at the end of June. The meeting was held in San Diego, CA. The first two days consisted of lectures designed for upcoming chief residents. Topics included resident education, wellness, diversity promotion, and conflict resolution strategies. It was reassuring to learn that many of the challenges faced by our program are universal, and this meeting provided a venue for discussing other programs' solutions. The remainder of the week was the AOA Annual Leadership Meeting. Attended by leaders in the orthopaedic field, as well as nearly all program directors, these meetings were focused on resident education and continued innovation. The meeting was a great opportunity to bring new ideas back to SIU and to share our successes on a national stage.



Dr. Kory Blank, PGY-IV attended the Annual Limb Lengthening and Reconstruction Society Meeting in Boston July 18-20. He did a podium presentation of his research entitled "Plate Assisted Bone Segment Transport Utilizing a Magnetic Intramedullary Limb Lengthening System: Five Patients" that he has been working on with Dr. Gardner at Springfield Clinic.

Dr. Lena Josifi, PGY-II and Dr. Jimmy Lieber, PGY-I practice stabilization of a cervical spine with removal of a helmet and shoulder pads at "The Team Physician: In Game Decision Making." This educational program that was hosted by Springfield Clinic and SIU School of Medicine was well attended by both the community as well as the SIU Division of Orthopaedic Surgery Residents. There were insightful presentations about concussion management, return to play, spine injuries as well as hands on spine board training and a Q&A session with Drs. Chris Wottowa and Diane Hillard-Sembell.



Next issue will include a Resident Research Update as well as an introduction to the two PGY-IV's applying for fellowship this year.