ADDICTION TREATMENT CENTER Gateway Foundation 2200 Lake Victoria		• Mini O'Beirne Crisis Nursery (MOCN)525-680
IL Institute for Addiction Recovery 2050 W. Iles, Ste. G.		(Crisis Counseling, parenting and support groups for parents/guardians)
Family Guidance Centers 120 N 11 th		NAMI (National Alliance Mental Illness) 218 W Lawrence522-140
BLIND OR VISUALLY IMPAIRED		Mental health information & referrals, support groups.
Educational Center for the Visually Impaired		Parents as Teachers District 186
IDHS-535 W Jefferson		Supporting and nurturing healthy parent-child relationships.
Illinois Assistive Technology Program		Phoenix Center 109 E. Lawrence
Illinois Department on Aging.		(Youth group) Meets Fridays 6-9pm
Illinois Dept. Healthcare & Family Svcs		(Transgender Support Grp) Meets 3 rd Thur 6:30-8:00pm
Illinois State Library Talking Book & Braille Service (TB		(Parents of <u>LGBT</u> Children Grp) Meets 1st Mon 6:30-8:00pm
ovides free braille & audiobooks & playback equipment.		Planned Parenthood (601 N Bruns Lane)546-106
Mary Bryant Home For the Blind		Prairie Center Against Sexual Assault Hotline
Springfield Center for Independent Living		Pregnancy Care Center of Spfld
CHILD CARE		700 N 7th Ste B (Pregnancy & Crisis help)
Community Connection Point 901 S Spring Ste B 525-2805 or	r 800-676-2805	 Preventing Abusive Relationship, Inc. (PAR)
Head Start (Spfld. Urban League)		(Anger Management for Adults and Teens)
512 S. 11th	528-0895	• Springfield Right to Life 323 E Monroe523-270
1108 E Cook	528-0893	• Salvation Army 1600 E Clearlake525-219
551 E. Madison Ave	522-7303	(Marriage and family counseling)
020 N. Milton Ave.	528-8302	 Sangamon County Department of Community Resources535-312
March of Dimes Birth Defects Foundation	787-5154	• SARA Center 1315 N 5th (AIDS/HIV counseling)523-219
Iini O'Beirne Crisis Nursery	525-6800	SIU Div. of Child & Adolescent Psychology545-690
Emergency Child Care-Birth to 6 yrs)		Noll Pavilion – 5220 South 6 th Street Road. Suite 1200
Safe Families (short or long term emergency service)		• The Parent Place (Support groups) 314 W So Grand Ave753-873
School Health Program	785-4525	• Family Guidance Centers 120 N 11 th 544-985
Locate a School Health Center in your area.		Youth Service Bureau 2901 Normandy
Spfld Home Day Care Providers Assoc. Referral Line		DEAF & HEARING IMPAIRED
Vee Grow Day Care Services	528-0893	 ITAC (Illinois Telecommunications Access Corporation698-417
CLOTHING & FURNITURE		• Illinois Assistive Technology Program
Contact Ministries 1100 E Adams		 Illinois Deaf and Hard of Hearing Commission)
th Street Renaissance 1315 N 5th	544-5040	Or V/TDD - 557-4495
Wednesdays 9 – 1, Clothing only)		• Illinois Department on Aging
Freedom in Holiness (Women clothing) 1430 Loveland A	ve522-2527	Springfield Center for Independent Living (SCIL)
Goodwill (office) 1220 Outer Park Drive	789-0400	
Stores: 2531 N Dirksen Parkway and 2001 Wabash A		<u>DENTAL ASSISTANCE</u>
Grounds of Grace (Human trafficking)		• Central Counties Health Centers 2239 E Cook788-230
Habitat for Humanity 2744 S 6 th		• Clinic for Kids
Hope Thrift Store 1800 S Dirksen	522-8414	Dental Quest (Public Aid/Medicaid)
Kumler Outreach Ministries 303 N Grand Ave East	523-2269	• Familia Dental 802 N. 9 th Street
Clothing M thru Fri 9 – 12:00)		• Illinois Dept on Aging (senior dental assistance)800-252-896
Laketown Ministries 2617 Stevenson Drive	679-5006	 Miles of Smiles Program (contact your child's school)
Salvation Army Thrift Stores:		• Optim Dental 907 S. 6 th Street
762 W Wabash		• St Clare's Health Clinic 700 N 7th Ste A
1 th & Jefferson		 Sangamon County Department of Community Resources535-312
Springfield Urban League (Clothes for careers)	522-8828	(Pediatric dental anesthesia) 2833 South Grand Avenue East
St Martin DePorres Center	528-2851	• Secure Dental – 687 E Linton Ave
725 So Grand E (W & Th, & Sat 9–11)		• Southern View Dental Group 2743 S 6 th
Vashington St Mission 408 N 4th	544-9011	 Veterans Assistance Commission of Sangamon County
Clothing -Men-M&Th / Women-Tu&F Hrs: 10–11)		200 S. Ninth Street Rm 301-A753-668
COUNSELING		DISABILITY SERVICES
Al-ANON		Access Springfield Para transit Service
ABC Counseling 2160 S 6 th (Suite A)		(Provides Lift-equipped transportation)
(Sexual abuse counseling for juvenile victims and off		• Child and Family Connections 2833 S. Grand Ave E535-310
Crisis Pregnancy Center 1220 S 7 th		(Early intervention for young children with developmental delays)
DHS) Sangamon Co Dept Human Services	782-0400	• IDHS–Spfld Office of Rehabilitation Services
600 E. Ash Street, 500 Bldg., Floor 1		535 W Jefferson (Assists with job placement, physical restoration,
Samily Service Center 730 E Vine		vocational training, in home care programs)
Gateway Foundation 2200 Lake Victoria		• Equip for Equality-1 W Old State Capitol, Ste 816544-046
Lifetime Pregnancy Help Center 104 N Grand Ave. E		(Advocate for persons with disabilities; provides info and referrals)
Free pregnancy tests and After-abortion recovery grou	-	Health Benefits for Workers with Disabilities (HBWD)
Lincoln Prairie Behavioral Health Center		Illinois residents ages 16 through 64 who have a disability
Lutheran Child & Family Svcs 431 S. Grand Ave W	544-4631	and who are employed can purchase medical benefits
Memorial Behavioral Health (Adult Svcs) 710 N 8th	525-1064	visit www.hbwdillinois.com
Memorial Behavioral Health (Children's Center)		• Human Rights Authority (HRA) 491 S Spring
· · · · · · · · · · · · · · · · · · ·		 IL Assistive Technology Program 1020 S Spring Street522-79
Memorial Behavioral Health Association 901 N First Str	reet /88-4065	
Memorial Behavioral Health Association 901 N First Str	reet /88-4065	(Promotes independent living through Technology.) Offers low cos- loans to purchase devices and device loans, and a demo center to try

COUNSELING (Continued)	
Mini O'Beirne Crisis Nursery (MOCN)	
(Crisis Counseling, parenting and support groups for pare	
 NAMI (National Alliance Mental Illness) 218 W Lawre Mental health information & referrals, support group 	
Parents as Teachers District 186 Supporting and nurturing healthy parent-child relat	
Phoenix Center 109 E. Lawrence	
(Youth group) Meets Fridays 6-9pm	
(Transgender Support Grp) Meets 3 rd Thur 6:30-8:00)nm
(Parents of <u>LGBT</u> Children Grp) Meets 1 st Mon 6:3	0-8:00pm
Planned Parenthood (601 N Bruns Lane)	
Prairie Center Against Sexual Assault Hotline	
Pregnancy Care Center of Spfld	
700 N 7 th Ste B (Pregnancy & Crisis help)	
Preventing Abusive Relationship, Inc. (PAR)	528-0461
(Anger Management for Adults and Teens)	
Springfield Right to Life 323 E Monroe	523-2700
Salvation Army 1600 E Clearlake	
(Marriage and family counseling)	
Sangamon County Department of Community Resourc	es535-3120
SARA Center 1315 N 5th (AIDS/HIV counseling)	
SIU Div. of Child & Adolescent Psychology	
Noll Pavilion - 5220 South 6th Street Road. Suite 1200	
The Parent Place (Support groups) 314 W So Grand A	ve753-8730
Family Guidance Centers 120 N 11th	544-9858
Youth Service Bureau 2901 Normandy	529-8300
DEAF & HEARING IMPAIRED	<u>)</u>
ITAC (Illinois Telecommunications Access Corporatio	n698-4170
Illinois Assistive Technology Program	
Illinois Deaf and Hard of Hearing Commission) Or V/TDD - 557-4495	877-455-3323
Illinois Department on Aging	800-252-8966
Springfield Center for Independent Living (SCIL)	523-2587
DENTAL ASSISTANCE	
Central Counties Health Centers 2239 E Cook	788-2300
Clinic for Kids	
Dental Quest (Public Aid/Medicaid)	
Familia Dental 802 N. 9th Street	
Illinois Dept on Aging (senior dental assistance)	
Miles of Smiles Program (contact your child's school)	
Optim Dental 907 S. 6th Street	971-3432
St Clare's Health Clinic 700 N 7th Ste A	
Sangamon County Department of Community Resourc	
(Pediatric dental anesthesia) 2833 South Grand	
Secure Dental – 687 E Linton Ave.	
Southern View Dental Group 2743 S 6 th	
Veterans Assistance Commission of Sangamon County	
200 S. Ninth Street Rm 301-A	
DISABILITY SERVICES	
Access Springfield Para transit Service	
(Provides Lift-equipped transportation)	
Child and Family Connections 2833 S. Grand Ave E.	535-3100
(Early intervention for young children with developm	
IDHS—Spfld Office of Rehabilitation Services	
535 W Jefferson (Assists with job placement, physical	
vocational training, in home care programs)	,
Equip for Equality-1 W Old State Capitol, Ste 816	544-0464
(Advocate for persons with disabilities; provides info	
, and the property of the state	
Health Benefits for Workers with Disabilities (HRWD))
Health Benefits for Workers with Disabilities (HBWD) Illinois residents ages 16 through 64 who have a disabil	
Health Benefits for Workers with Disabilities (HBWD) Illinois residents ages 16 through 64 who have a disabiliand who are employed can purchase medical benefits	

DISABILITY SERVICES (Continued)	
• IL State Library Talking Book & Braille Service (TBBS). For	those unable
to read regular print. Provides free braille & audiobooks	
	-426-0709
• IL Employment & Training Center 1300 S 9th	
(Job search assist, job dev, specialized adaptive trng, and skil	/62-3640 ls assment)
• Social Security Admn. 3112 Constitution Dr877	
•	
 Springfield Center for Independent Living (SCIL)	323-2367
• Springfield SPARC 232 Bruns Ln	703 2100
(Helps individuals w/developmental disabilities improve qua	
United Cerebral Palsy of Land of Lincoln	
(Training, employment assistance, housing & support)	
DOMESTIC VIOLENCE	
DCFS Child Abuse Hotline	
Domestic Violence Hotline	-799-7233
• Elder Abuse	
Call Springfield Police Department24-Hour Hotline 866-800-1409 888-206-1327 (TTY)	788-8311
• Illinois Coalition Against Domestic Violence	790 2920
M.E.R.C.Y. (transitional living program)	
Mini O'Beirne Crisis Nursery (day care)	525-6800
Prevent Child Abuse Illinois 528 S 5th, Suite 211	522-1129
Preventing Abusive Relationship, Inc. (PAR)	
Sangamon County Child Advocacy center	
• Senior Services of Central IL (Adult Protective Services)	
Sojourn Shelter and Services Hotline	
The Parent Place	
EDUCATION	
• Adult Education & Literacy (GED/Literacy/Career Pathways)	
Fishes & Loaves 2937 Stanton, Ste. A (Pre GED)	529-3333
Lincoln Land Community College 5250 Shepherd Rd	
Lawrence Education Center (GED/Adult Education)	
 Business Education Partnership of Sangamon County	
• GED Testing (Sangamon County Regional Office of Educati	
2201 S Dirksen Pkwy	
Sangamon County Department of Community Resources	
2833 South Grand Avenue East (Assist with GED Test Vouc	
• Land of Lincoln Goodwill Industries (Intro to computer class	es)789-0400
• Lincoln's Challenge Academy 100 N. 11th.	528-7875
• Lincoln Land Community College 5250 Shepherd Road	786-2200
• Lincoln Library (Brainfuse Tutoring)	753-4900
Parents as Teachers 2501 S 1st Street	
Springfield Park District	
(Educational and Recreational Programs)	
• Springfield Urban League 100 N. 11 th St	789-0830
(Computer and Financial Literacy Classes)	
• University of Illinois Ext., Logan/Sangamon/Menard Unit	782-4617
(700 S Airport Drive, Springfield, IL)	
ELECTED OFFICIALS	
Governor J.B. Pritzker	.782-6830
Attorney General Kwame Raoul	
Secretary of State Jesse White	. /82-2201
US Senators: Richard Durbin, Senior Senator	492-4062
Tammy Duckworth, Senator	
• US Representatives:	
Rodney Davis (13th District)	791-6224
Darin LaHood (18th District)	670-1653
• State Senator Andy Manar (48th District)	782-0228
State Senator Steve McClure (50 th District)	782-8206
State Representative Tim Butler (87th District	
State Representative Sue Scherer (96th District)	
• State Representative Mike Murphy (99th District)	
Springfield Mayor James O Langfelder	789-2200

EYE EXAMS/EYEGLASS ASSISTANCE	
Bard Optical 3055 Wabash (Accepts Medical Cards)	793-2273
IDHS-535 W Jefferson	
• EyeCare America (Medical cards for eye exams over 65) .87	
 Gailey Eye Clinic 1401 S Koke (IL Health Partnership cards). 	529-3937
Sangamon County Department of Public Health	.535-3100
(standard reading glasses only no prescriptions)	
 St Clare's Health Clinic, 700 N 7th Ste A (Takes kids care) 	. 523-1474
 Vision USA (Help to receive free eye exams)	-766-4466
 Walmart on 2760 N Dirksen (Accepts Molina, Kids Connect 	and IL
Partnership cards for exams and eye glasses)	522-4396
FAN PROGRAMS (FOR SUMMER)	
Capital Township 901 S 11 th	525-1736
FOOD PROGRAMS	
 Abundant Faith Ministries Manna Store (Tues. 5pm-7pm) 	.527-1006
• Asbury Children's Supper Hour (M-Th 3:00 -4:45)	.522-8147
• Auburn IL Food Pantry (M 12:30–2:30)	.971-7557
Ball-Chatham Food Pantry (Call for appointment)	.697-4663
Catholic Charities (Holy Family Food Pantry)	
(M, W & F 9:00 – 12:00)	.523-4551
Contact Ministries (Referrals only)	.753-3939
Divernon UMC Food Pantry (M 5-7 pm	.416-1612
• 5 th Street Renaissance (Wed 11:00 – 1:00 p.m.)	544-5040
• First Presbyterian- (M, T and Th 9 – 12: 00 a.m.) Ext 207	.528-4311
• Freedom in Holiness Mission 1430 Loveland Avenue	.522-2527
3 rd Wed 10-11:30 a.m. (During Summer 2 nd & 4 th Wed. 2:	30 - 3:30
• Good Shepherd Luthern in Sherman (Call for appointment)	.496-3149
Grace Lutheran	.522-9707
(M, Tues, & Thurs. 11 – 2:30 p.m. and Wed 11 – 1:00 p.m.)	
• Helping Hands of Pleasant Plains 2 nd Sat. 7 a.m. – 10: a.m	.414-4175
• Hunger Hotline	
Kumler Outreach Ministries	.523-2269
(M thru F 9:00 a.m. $-$ 12:00 p.m. & 3^{rd} Thurs $5:30-6:30$) p.m.)
 Lawrence Ave Church of Christ Food Pantry 	
(Saturdaye 10 a m -12 Noon)	
(Saturdays 10 a.m12 Noon)	525-6156
Loami Area Pantry	.624-9900
• Loami Area Pantry	.624-9900 12:00)
Loami Area Pantry	.624-9900 12:00) .528-4035
Loami Area Pantry. (1st & 3rd M 12:00 - 2:00 p.m. & 2nd & 4th Tues 10:00 - Meals on Wheels (Sr. Svcs. of Central Illinois) Pregnancy Care Center of Spfld 700 N-7th Suite B	.624-9900 12:00) .528-4035 .525-5630
Loami Area Pantry. (Ist & 3rd M 12:00 -2:00 p.m. & 2nd & 4th Tues 10:00 — Meals on Wheels (Sr. Svcs. of Central Illinois) Pregnancy Care Center of Spfld 700 N-7th Suite B	.624-9900 12:00) .528-4035 .525-5630 urs 9-4:30
Loami Area Pantry	.624-9900 12:00) .528-4035 .525-5630 urs 9-4:30 .528-2299
Loami Area Pantry	.624-9900 12:00) .528-4035 .525-5630 urs 9-4:30 .528-2299 .391-6590
• Loami Area Pantry. (Ist & 3rd M 12:00 -2:00 p.m. & 2nd & 4th Tues 10:00 — • Meals on Wheels (Sr. Sves. of Central Illinois). • Pregnancy Care Center of Spfld 700 N-7th Suite B	.624-9900 12:00) .528-4035 .525-5630 urs 9-4:30 .528-2299 .391-6590 .525-2196
• Loami Area Pantry. (1st & 3rd M 12:00 -2:00 p.m. & 2nd & 4th Tues 10:00 – • Meals on Wheels (Sr. Svcs. of Central Illinois). • Pregnancy Care Center of Spfld 700 N-7th Suite B	.624-9900 12:00) .528-4035 .525-5630 urs 9-4:30 .528-2299 .391-6590 .525-2196
Loami Area Pantry. (I st & 3 rd M 12:00 -2:00 p.m. & 2 nd & 4 th Tues 10:00 − Meals on Wheels (Sr. Svcs. of Central Illinois) Pregnancy Care Center of Spfld 700 N-7 th Suite B (Healthy Options during pregnancy) "Food for Two" Tues-Th Real Life Church (Tuesdays 5:30 − 7:30 p.m. Riverton Pantry (Thurs 4 − 6:00 p.m.) Salvation Army (M, W & F 9:00a-12p & 1:00p-3p) Senior Services Daily Bread Program for seniors. (8 − 5 M-F Lunch at 12:00 daily)	.624-9900 12:00) .528-4035 .525-5630 urs 9-4:30 .528-2299 .391-6590 .525-2196 .528-4035
Loami Area Pantry. (Ist & 3rd M 12:00 -2:00 p.m. & 2nd & 4th Tues 10:00 − Meals on Wheels (Sr. Svcs. of Central Illinois) Pregnancy Care Center of Spfld 700 N-7th Suite B (Healthy Options during pregnancy) "Food for Two" Tues-The Real Life Church (Tuesdays 5:30 − 7:30 p.m. Riverton Pantry (Thurs 4 − 6:00 p.m.) Salvation Army (M, W & F 9:00a-12p & 1:00p-3p) Senior Services Daily Bread Program for seniors (8 − 5 M-F Lunch at 12:00 daily) Serving Jesus Willingly (4th Mon. of each month)	.624-9900 12:00) .528-4035 .525-5630 urs 9-4:30 .528-2299 .391-6590 .525-2196 .528-4035
Loami Area Pantry. (Ist & 3rd M 12:00 -2:00 p.m. & 2nd & 4th Tues 10:00 − Meals on Wheels (Sr. Svcs. of Central Illinois) Pregnancy Care Center of Spfid 700 N-7th Suite B. (Healthy Options during pregnancy) "Food for Two" Tues-The Real Life Church (Tuesdays 5:30 − 7:30 p.m. Riverton Pantry (Thurs 4 − 6:00 p.m.) Salvation Army (M, W & F 9:00a-12p & 1:00p-3p) Senior Services Daily Bread Program for seniors	.624-9900 12:00) .528-4035 .525-5630 urrs 9-4:30 .528-2299 .391-6590 .525-2196 .525-2196 .753-0430 .720-2568
Loami Area Pantry. (Ist & 3rd M 12:00 -2:00 p.m. & 2nd & 4th Tues 10:00 − Meals on Wheels (Sr. Svcs. of Central Illinois) Pregnancy Care Center of Spfld 700 N-7th Suite B (Healthy Options during pregnancy) "Food for Two" Tues-The Real Life Church (Tuesdays 5:30 − 7:30 p.m. Riverton Pantry (Thurs 4 − 6:00 p.m.) Salvation Army (M, W & F 9:00a-12p & 1:00p-3p) Senior Services Daily Bread Program for seniors (8 − 5 M-F Lunch at 12:00 daily) Serving Jesus Willingly (4th Mon. of each month) Seventh Day Adventist Church (2 - 4 p.m. every Sunday) Springfield Township-(Referrals Only)	.624-9900 12:00) .528-4035 .525-5630 .525-5630 .528-2299 .391-6590 .525-2196 .528-4035 .753-0430 .720-2568 .525-1464
Loami Area Pantry	.624-9900 12:00) .528-4035 .525-5630 urs 9-4:30 .528-2299 .391-6590 .525-2196 .528-4035 .753-0430 .720-2568 .525-1464 .528-6098
Loami Area Pantry. (Ist & 3rd M 12:00 -2:00 p.m. & 2nd & 4th Tues 10:00 − Meals on Wheels (Sr. Svcs. of Central Illinois) Pregnancy Care Center of Spfid 700 N-7th Suite B (Healthy Options during pregnancy) "Food for Two" Tues-The Real Life Church (Tuesdays 5:30 − 7:30 p.m. Riverton Pantry (Thurs 4 − 6:00 p.m.) Salvation Army (M, W & F 9:00a-12p & 1:00p-3p) Senior Services Daily Bread Program for seniors (8 − 5 M-F Lunch at 12:00 daily) Serving Jesus Willingly (4th Mon. of each month) Seventh Day Adventist Church (2 − 4 p.m. every Sunday) Springfield Township-(Referrals Only) St. John's Bread Line (emergency meals) St Martin DePorres (W & Th & Sat 9 − 11)	.624-9900 12:00) .528-4035 .525-5630 urs 9-4:30 .528-2299 .391-6590 .528-2196 .528-4035 .753-0430 .720-2568 .525-1464 .528-6098
Loami Area Pantry. (Ist & 3rd M 12:00 -2:00 p.m. & 2nd & 4th Tues 10:00 − • Meals on Wheels (Sr. Svcs. of Central Illinois). • Pregnancy Care Center of Spfld 700 N-7th Suite B (Healthy Options during pregnancy) "Food for Two" Tues-The Real Life Church (Tuesdays 5:30 − 7:30 p.m. • Riverton Pantry (Thurs 4 − 6:00 p.m.) • Salvation Army (M, W & F 9:00a-12p & 1:00p-3p) • Senior Services Daily Bread Program for seniors. (8 − 5 M-F Lunch at 12:00 daily) • Serving Jesus Willingly (4th Mon. of each month) • Seventh Day Adventist Church (2 − 4 p.m. every Sunday) • St. John's Bread Line (emergency meals) • St. Martin DePorres (W & Th & Sat 9 − 11) • Table of Life Ministries (3rd Fri. each mo. 4-7 p.m.)	.624-9900 12:00) .528-4035 .525-5630 urs 9-4:30 .528-2299 .391-6590 .525-2196 .528-4035 .753-0430 .720-2568 .525-1464 .528-6098 .528-2851 .720-5100
Loami Area Pantry. (Ist & 3rd M 12:00 -2:00 p.m. & 2nd & 4th Tues 10:00 − • Meals on Wheels (Sr. Svcs. of Central Illinois). • Pregnancy Care Center of Spfld 700 N-7th Suite B. (Healthy Options during pregnancy) "Food for Two" Tues-Th • Real Life Church (Tuesdays 5:30 − 7:30 p.m. • Riverton Pantry (Thurs 4 − 6:00 p.m.). • Salvation Army (M, W & F 9:00a-12p & 1:00p-3p)	.624-9900 12:00) .528-4035 .525-5630 urs 9-4:30 .528-2299 .391-6590 .525-2196 .528-4035 .753-0430 .720-2568 .525-1464 .528-6098 .528-2851 .720-5100 .522-5957
 Loami Area Pantry. (Ist & 3rd M 12:00 -2:00 p.m. & 2nd & 4th Tues 10:00 − Meals on Wheels (Sr. Svcs. of Central Illinois). Pregnancy Care Center of Spfid 700 N-7th Suite B. (Healthy Options during pregnancy) "Food for Two" Tues-The Real Life Church (Tuesdays 5:30 − 7:30 p.m. Riverton Pantry (Thurs 4 − 6:00 p.m.). Salvation Army (M, W & F 9:00a-12p & 1:00p-3p). Senior Services Daily Bread Program for seniors. (8 − 5 M-F Lunch at 12:00 daily) Serving Jesus Willingly (4th Mon. of each month). Seventh Day Adventist Church (2 - 4 p.m. every Sunday). Springfield Township-(Referrals Only). St. John's Bread Line (emergency meals). St Martin DePorres (W & Th & Sat 9 − 11). Table of Life Ministries (3rd Fri. each mo. 4-7 p.m.). Triumph Community Outreach Ministries. (2nd & 4th Saturdays each month 9:00 a.m. to 11:00 a.m. 	.624-9900 12:00) .528-4035 .525-5630 urs 9-4:30 .528-2299 .391-6590 .525-2196 .528-4035 .753-0430 .720-2568 .525-1464 .528-6098 .528-2851 .720-5100 .522-5957
 Loami Area Pantry	.624-9900 12:00) .528-4035 .525-5630 urs 9-4:30 .528-2299 .391-6590 .525-2196 .528-4035 .753-0430 .720-2568 .525-1464 .528-6098 .528-2851 .720-5100 .522-5957
Loami Area Pantry. (Ist & 3rd M 12:00 -2:00 p.m. & 2nd & 4th Tues 10:00 − • Meals on Wheels (Sr. Svcs. of Central Illinois). • Pregnancy Care Center of Spfid 700 N-7th Suite B	.624-9900 12:00) .528-4035 .525-5630 urs 9-4:30 .528-2299 .391-6590 .528-2296 .528-4035 .753-0430 .720-2568 .525-1464 .528-6098 .528-2851 .720-5100 .522-5957) .535-3102
Loami Area Pantry. (Ist & 3rd M 12:00 -2:00 p.m. & 2nd & 4th Tues 10:00 − • Meals on Wheels (Sr. Svcs. of Central Illinois). • Pregnancy Care Center of Spfld 700 N-7th Suite B (Healthy Options during pregnancy) "Food for Two" Tues-The Real Life Church (Tuesdays 5:30 − 7:30 p.m. • Riverton Pantry (Thurs 4 − 6:00 p.m.) • Salvation Army (M, W & F 9:00a-12p & 1:00p-3p) • Senior Services Daily Bread Program for seniors. (8 − 5 M-F Lunch at 12:00 daily) • Serving Jesus Willingly (4th Mon. of each month) • Seventh Day Adventist Church (2 − 4 p.m. every Sunday) • St. John's Bread Line (emergency meals) • St. Martin DePorres (W & Th & Sat 9 − 11) • Table of Life Ministries (3rd Fri. each mo. 4-7 p.m.) • Triumph Community Outreach Ministries. (2nd & 4th Saturdays each month 9:00 a.m. to 11:00 a.m. • WIC (Food for Women & Children) LEGAL ASSISTANCE	.624-9900 12:00) .528-4035 .525-5630 urs 9-4:30 .528-2299 .391-6590 .525-2196 .528-4035 .753-0430 .720-2568 .525-1464 .528-6098 .528-2851 .720-5100 .522-5957) .535-3102
Loami Area Pantry. (Ist & 3rd M 12:00 -2:00 p.m. & 2nd & 4th Tues 10:00 − • Meals on Wheels (Sr. Svcs. of Central Illinois). • Pregnancy Care Center of Spfld 700 N-7th Suite B (Healthy Options during pregnancy) "Food for Two" Tues-The Real Life Church (Tuesdays 5:30 − 7:30 p.m. • Riverton Pantry (Thurs 4 − 6:00 p.m.) • Salvation Army (M, W & F 9:00a-12p & 1:00p-3p) • Senior Services Daily Bread Program for seniors. (8 − 5 M-F Lunch at 12:00 daily) • Serving Jesus Willingly (4th Mon. of each month) • Seventh Day Adventist Church (2 − 4 p.m. every Sunday) • St. John's Bread Line (emergency meals) • St. Martin DePorres (W & Th & Sat 9 − 11). • Table of Life Ministries (3rd Fri. each mo. 4-7 p.m.) • Triumph Community Outreach Ministries. (2nd & 4th Saturdays each month 9:00 a.m. to 11:00 a.m. • WIC (Food for Women & Children) • LEGAL ASSISTANCE • Catholic Charities Legal Services	.624-9900 12:00) .528-4035 .525-5630 urs 9-4:30 .528-2299 .391-6590 .525-2196 .528-4035 .753-0430 .720-2568 .525-1464 .525-1464 .525-527) .535-3102
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MEDICAL ASSISTANCE (Continued)	SENIOR SERVICES (Continued)
• Central Illinois HIV Care Consortium545-7683	• Elder Abuse
SIU School of Medicine 751 Rutledge	Call Springfield Police Department788-8311
• First Step Women's Center 104 North Grand Ave. E523-0100	24-Hour Hotline 866-800-1409 888-206-1327 (TTY)
Free pregnancy testing, ultra sound and STD testing. • Healthy Families 2833 South Grand Avenue E .Ext 3770 535-3102	• Experience Works
(1st & 2nd time parents teens to age 30, Positive Parenting skills & info.)	 Foster Grandparent Paid Volunteer Program (55 & Older)789-7637 One Hope United at 520 E. Capitol
• IL HIV/AIDS/STD Hotline	• Illinois Department on Aging
• Lincolnland Stroke Support Network (LSSN) th 960-4263	(Various programs: Grandparents Raising Grandchildren,
First Saturday of month (1-3 p.m.)	Caregiver Support Program, Community Care Program)
Memorial Express Care (Call for nearest location)588-2600 Memorial Home Services—Hospice 701 N First St788-4663	• Illinois Home Care Ombudsman Program (HCO) 800-252-8966
Memorial Behavioral Health (Adult Svcs) 710 N 8 th	 Meals on Wheels (Senior Services of Central IL)528-4035 Sang Co Supervisor of Assessments753-6805
• Nurse-Family Partnership at SIU Medicine 520 N 4th545-3012	Senior Citizen Assessment Freeze (65 and over)
• Phoenix Cntr 109 E. Lawrence (HIV/STD Testing M-F 12-3) 528-5253	• Senior Health Insurance Program (SHIP)
Planned Parenthood 601 N Bruns Lane546-1060	(Medicare Trained Counselors)
• Pregnancy Care Center of Spfld 700 N-7 th Suite B	• Senior Help Line
St Clare's Health Clinic 700 N 7 th Ste A	Senior Services of Central IL
• Sang Co Dept Human Services (Public Aid office)782-0400	701 W Mason (Daily Bread, Senior Transport, Glasses and Hearing aids)
• Sangamon County Dept of Public Health535-3102	Also Comprehensive Needs Assessment528-3882 or 528-4035
2833 South Grand Avenue East (Flu-shots, child and adult immunizations,	 Social Security Admn. 3112 Constitution Dr
school physicals, hearing and vision screening for children, WIC)	Springfield Supportive Living
SIU School of Medicine (Center for Family Medicine)545-8000 520 N 4 th Street (Acute Care Services) 301 N 8 th Street (SIU Pediatrics)	2034 East Clear Lake Avenue
32011 Filed (Tedde Care Services) 301110 Succe (Sie Fedianies)	• State of IL Circuit Breaker 800-252-8966 & 888-206-1327 (TTY)
MORTGAGE ASSISTANCE	(License plate discounts. Seniors 65 & older and persons with
• Illinois Foreclosure Prevention Network 855-533-7411	disabilities ride free benefits)
Website www.keepyourhomeillinois.org	Third Age Living, St John's Hospital
Illinois Hardest Hit Program website <u>illinoishardesthit.org</u> Or contest Springfield Haveing Authority) 753 5757 Ext. 200	Third Age Living Connection)
(Or contact Springfield Housing Authority)753-5757 Ext. 209 • Sangamon County Department of Community Resources 535-3120	• Third Age Living Caregiver Interfaith Volunteer Services757-6621
PRESCRIPTION ASSISTANCE	(Transportation to doctor appointments)
• Catholic Charities 120 S 11th	<u>SHELTERS</u>
• Central Counties Health Centers 2239 E Cook788-2300	• Abundant Faith Haven House
• Clearlake Township 4260 Old Rt 36	• American Red Cross (Disaster only)
• Contact Ministries 1100 E Adams (Mon-Thursday 9-1)753-3939	Beerlahairoi Womens Ministry698-4194 7811 Old Carriage Way, Springfield, IL
• Kumler Outreach Ministries 303 N Grand Ave East523-2269 (Mon-Fri 9-12:00 and 1:00-3:00)	(Shelter for pregnancy 18 and older or with babies up to 8 months)
• Salvation Army 1600 Clr Lake (Must be 55 yrs old or older) 525-2196	• Contact Ministries 1100 E Adams Ext. 22753-3939
Sangamon Scripts presents	(Homeless Single Women & Women with Children, also boys thru age 17)
(Coast2CoastRx Discount card for prescriptions)	• Crossroads Transitional Living Program679-1930
SIU School of Medicine (Center for Family Medicine)545-8000 Springfield Township 3298 Terminal Ave 525-1464	(Transitional Housing for females aged out of foster care) ages 18-26
• Springfield Township 3298 Terminal Ave 525-1464 RENTAL ASSISTANCE (contact the township you reside in)	• Helping Hands 1023 E Washington
• Capital Township 901 S 11 th	• Inner City Mission 714 N 7 th
• Catholic Charities 120 S 11th523-4551	(Transitional & permanent housing for women with children)
• Clearlake Township 4260 Old Rt 36	Mini O'Beirne Crisis Nursery
• 5 th Street Renaissance 1315 N 5 th	(Emergency Child Care-Birth to 6 yrs)
Salvation Army - Veterans	• Phoenix Center
• Springfield Township 3298 Terminal Ave525-1464	Transitional Housing for homeless. HIV+ men and women
• Springfield Urban League 100 N 11 ^t 789-0830	Transitional Housing for <u>LGBT</u> men and women • Sojourn Shelter 1800 Westchester Blvd726-5100
Health Initiatives (Support for formerly incarcerated returning home) 522-0407	(For women & women with children) Hotline726-5200
Veterans Assistance Commission of Sangamon County 200 S. Nigel Street, Phys 201 A	Youth Service Bureau 2901 Normandy Rd529-8300
200 S. Ninth Street Rm 301-A	(Homeless Kids 16-17; Transitional living 18-21)
Woodside Township 470 North St	SUICIDE PREVENTION Notice of Visite Healing 900 (21 4000
SENIOR SERVICES	• National Youth Suicide Hotline
• AARP-American Assoc of Retired Persons522-7700	www.suicidepreventionlifeline.org
300 W Edwards (Services for those 50 & over)	TRANSPORTATION
• Alzheimer's Association	• Access Springfield Para transit Service (Lift-equip transp)522-8594
2309 W White Oaks Dr., Suite E	American Cancer Society (Transp. for Cancer Patients)
 Area Agency on Aging for Lincolnland787-9234 3100 Montvale Dr (Services for those 60 & over) 	Angel Flight Central (free flights in Midwest)
• Capitol Plaza Apartments - Adult Living528-1771	(Individuals diagnosed with HV/Aids)
Daily Bread Program for Seniors (8.5 M. F. Lunch at 12:00) 528 4035	,

• Daily Bread Program for Seniors (8-5 M-F Lunch at 12:00) 528-4035

TRANSPORTATION (Continued)
• First Transit (non-emergency medical)
• Life Line Pilots (Free Flights in Midwest for Med Needs) 800-822-7972
• Salvation Army 221 N. 11th
• Senior Services of Central Illinois
• Sangamon Mass Transit District (SMTD) Rte & Sch info522-5531
• St. John's Third Age Living (CIVS)757-6621
UTILITY ASSISTANCE
• Abundant Faith Ministries 2641 E Cook St
• Capital Township 901 S 11 th
• Catholic Charities 120 S 11th
• Clearlake Township 4260 Old Rt 36
• 5 th Street Renaissance 1315 N 5 th
• Salvation Army 1600 Clr Lake (Must be 55 yrs old or older) 525-2196
Sang Co Community Resources (LIHEAP & WX)535-3120 2833 South Grand Avenue East
• Springfield Township 3298 Terminal Ave
• Springfield Urban League 100 N 11 th
 Veterans Assistance Commission of Sangamon County
200 S. Ninth Street Rm 301-A753-6680
• Woodside Township 490 North St
WORK ASSISTANCE
• Capital Township-(Workfare)
• Illinois workNet Center 1300 S 9 th (Job search assistance and job
development, specialized) Adaptive training, skills assessment782-3846
• Land of Lincoln Workforce Alliance (WIOA)524-5996
• Lincoln Land Community College
(CNA training funded by SCDCR)
• Springfield Urban League
Veterans Assistance Commission of Sangamon County
200 S. Ninth Street Room 301-A
OTHER RESOURCES
• 211 (Just dial 211) Social Services Resource Hotline dial 211
• Animal Control Center 2100 Shale Road
• Animal Protective League 544-7387
(Spay/Neuter Clinic-choose #2 on the phone menu)
Better Business Bureau
• Boys and Girls Club of Springfield (Youth Development)544-0548
• Computer Banc-1545 N 11th
(Computers for at risk children, seniors & special needs adults)
• Crime Stoppers 24 Hr Tip Line
• (DHS) Sangamon Co Dept Human Services
600 E. Ash Str., 500 Bldg., Flr 1 (Case mgnt, public aid, food stamps)
• DHS Funeral & Burial Benefits
• DORS Department of Rehab (Home Services)
Elizabeth Ann Seton Program
Get Connected Volunteer Opportunites – United Way of Illinois
http://volunteer.springfieldunitedway.org/
• Girls On The Run 907 Clocktower Drive
• Grounds of Grace (Human trafficking)
Shelter/Medical/Dental/Counseling – Also see Clothing and Furniture
HOSPICE (Bereavement Support Group)788-4663
• Illinois 4-H 700 S. Airport Drive
• Illinois Rescue & Restore (Victims of Trafficking) (312) 793-7342
• Illinois Dept of Human Services (IDHS) Help Line 800-843-6154
• Justine Petersen (Loans for Small Businesses, (ext. 5470) 789-2377
Home Repair, First time home buyer, Credit Education)
• Lincoln Library 326 S 7 th Street
• Efficion Llorary 326 8 / Street
(Uniting gay, lesbian, bisexual, transgender & queer (LGBTQ) people
with families, friends & allies) Meets every 3rd Mon 7:00 p.m. at
Abraham Lincoln Unitarian Universalist Congregation
Parents As Teachers Prenatal To Age 3 Program
• Parent Help Line
Parent Place Guardianship assistance for relatives seeking
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angamon Mass Transit District (SMTD) Rte & Sch info	
. John's Third Age Living (CIVS)UTILITY ASSISTANCE	.757-6621
bundant Faith Ministries 2641 E Cook St	527-1006
apital Township 901 S 11 th	525-1736
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Street Renaissance 1315 N 5 th	
alvation Army 1600 Clr Lake (Must be 55 yrs old or oldering Co Community Resources (LIHEAP & WX)	
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	505 1464
oringfield Township 3298 Terminal Ave	.525-1464
oringfield Urban League 100 N 11 th	. /89-0830
eterans Assistance Commission of Sangamon County	752 ((00
200 S. Ninth Street Rm 301-A	
oodside Township 490 North St	.522-3/12
WORK ASSISTANCE	505 1506
apital Township-(Workfare)	.525-1736
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and of Lincoln Workforce Alliance (WIOA)	
ncoln Land Community College	.786-2069
(CNA training funded by SCDCR)	
oringfield Urban League	.789-0830
eterans Assistance Commission of Sangamon County	
200 S. Ninth Street Room 301-A	.753-6680
OTHER RESOURCES	
1 (Just dial 211) Social Services Resource Hotline	dial 211
nimal Control Center 2100 Shale Road	.535-3065
nimal Protective League	.544-7387
pay/Neuter Clinic-choose #2 on the phone menu)	
etter Business Bureau	-500-3780
bys and Girls Club of Springfield (Youth Development)	.544-0548
omputer Banc-1545 N 11th	
(Computers for at risk children, seniors & special needs ad	ults)
rime Stoppers 24 Hr Tip Line	
DHS) Sangamon Co Dept Human Services	
00 E. Ash Str., 500 Bldg., Flr 1 (Case mgnt, public aid, food	
HS Funeral & Burial Benefits524-5294 or	
ORS Department of Rehab (Home Services)	782-4830
izabeth Ann Seton Program	757 6025
Mentoring, Parenting Classes & Life Skills classes)	.131-0023
et Connected Volunteer Opportunites – United Way of Illing	oic
http://volunteer.springfieldunitedway.org/	318
irls On The Run 907 Clocktower Drive	726 0000
rounds of Grace (Human trafficking)314 Shelter/Medical/Dental/Counseling – Also see Clothing and	
OSPICE (Bereavement Support Group)	
linois 4-H 700 S. Airport Drive	782-4617
linois Rescue & Restore (Victims of Trafficking) (312)	
linois Dept of Human Services (IDHS) Help Line 800	
stine Petersen (Loans for Small Businesses, (ext. 5470)	789-2377
Home Repair, First time home buyer, Credit Education)	
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FLAG	
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Abraham Lincoln Unitarian Universalist Congregation	
arents As Teachers Prenatal To Age 3 Program	
arent Help Line	-727-5889
arent Place Guardianship assistance for relatives seeking	
Guardianship of a minor child 753-873	30 Ext 103

OTHER RESOURCES (Continued) • Springfield Dept of Comm Relations (1450 Groth Street)...... 789-2270

-r
(Landlord-tenant concerns & housing counseling)
• Springfield Housing Authority 200 N 11 th 753-5757
• Springfield's Bullying Prevention Task Force
Meets sec Monday at Boys and Girls Club, 300 S. 15th at 5:15-6:15 p.m.
• Springfield YMCA 701 S 4 th
• Vital Records of Illinois 925 E. Ridgley1-800-237-1945
(INFORMATION ONLY)
Ameren CILCO
CWLP (Billing Inquiries)
Circuit Clerk's office
County Clerk's office 753-6670

DIRECTORY OF RESOURCES FOR SANGAMON COUNTY



SANGAMON COUNTY **DEPARTMENT OF COMMUNITY RESOURCES**

2833 South Grand Avenue East **SPRINGFIELD, IL 62703**

> PHONE: 217-535-3120 FAX: 217-535-3119

http://co.sangamon.il.us/departments/ a-c/community-resources

MAY 2019